The Kitchen Diner



Platters

Including your choice of 3 dips

Chicken & Waffle 728kcal Waffle, chicken tenders, maple syrup	6.95
Bacon or Sausage Sandwich 626kcal / 767kcal On toasted white bloomer with brown sauce, BBQ or ketchup	5.95
Make it even better and add bacon 189kcal or sausage 330kcal	+1.50
Cheese Toastie v 620kcal	5.95
Toastie with three cheeses, tomato relish Cheese & Ham Melt 983kcal	7.95
Classic ham and cheese toastie	7.00
Fish Finger Sandwich 855kcal Fish fingers, tartare sauce	7.95

Perfect for sharing	
Big Feast 3038kcal Chicken tenders, Big Dog to share, waffle fries, onion rings, garlic mayo, hot honey BBQ, ketchup	26.95
	25.95
	17.95
	17.95 r
•	26.95
	19.95

Served with hot buffalo & blue cheese 2252kcal or sweet BBQ 2118kcal glaze

Snacks	
Chicken Caesar Salad 816kcal Little gem, grilled chicken, croutons, parmesan, Caesar dressing, se with dough balls	12.95 erved
Chicken Tenders (3 or 7 pieces) 1028kcal / 1544kcal Chicken tenders, served with hot honey buffalo	8.75 / 13.95
Padron Peppers vg 132kcal Lightly salted	6.95
Glazed Up Chicken Wings Choose from hot honey buffalo 1184kcal or sweet BBQ 1108kcal glaze	9.95
Popcorn Squid 604kcal With lemon mayo	9.95
Charred Corn Ribs v 585kcal / 1070kcal With chilli salt, lemon mayo	6.95 / 11.95
Fully Loaded Nachos v 1276kcal Topped with cheese, sour cream, guacamole, jalapeños, salsa	9.95
Add BBQ pulled pork 98kcal	+2.00

Burgers All served on a toasted bun with skin-on fries Upgrade to sweet potato fries for an extra £1 The Big Cheese 1222kcal 12.95 Beef, cheese, pickle, lettuce Bacon Double Cheeseburger 1204kcal 15.95 Double beef, cheese, lettuce, bacon Smokin' Stack 936kcal 15.95 Beef, cheese, BBQ pulled pork, slaw, lettuce and onion ring 12.95 O.G Chicken 913kcal Buttermilk fried chicken, slaw, lettuce 14.95 Buffalo Bird 663kcal Buttermilk fried chicken, hot honey buffalo, jalapeños, slaw, pickles 12.75 Crispy halloumi, sweet chilli sauce, mayo, lettuce 14.25 Moving Mountains™ patty, crispy onions, smoky vegan aioli Add an extra patty Make any burger a double 3.00



Beef 304kcal / Chicken 369kcal / Halloumi v 287kcal

Moving MountainsTM vg 302kcal



Pizza o S S o Handcrafted in our kitchen Gluten free dough and Vegan cheese available Margherita v 1016kcal 10.95 Tomato, mozzarella, basil Pepperoni 1353kcal 12.95 Tomato, mozzarella, pepperoni Add jalapeños 6kcal 1.00 Queenie 1085kcal 13.75 Ham, mushrooms, mozzarella, black olives BBQ Melt 1112kcal 13.95 BBQ sauce, pulled pork, red onion, mozzarella, sour cream 13.95 Goats' cheese, sun-dried tomato, carmelised onion Vesuvius 1297kcal 14.45 Nduja, chorizo, mozzarella, fresh red chilli Extras Add meat 2.00 Pulled Pork 98kcal / Pepperoni 287kcal / Nduja 130kcal



Add veggies vg

Sweet Things

Olives 16kcal / Red Onions 4kcal / Jalapeños 6kcal / Mushrooms 8kcal

Add a coffee for £2.50

Sticky Toffee Pudding vg 576kcal 6.95 Served warm with a scoop of ice cream Honeycomb Choc Ice v 361kcal 4.25 Honeycomb ice cream sandwiched between two layers of sponge, covered in chocolate Ice Cream Sandwich v 250kcal 3.95 Vanilla ice cream sandwiched between two layers of cookie Passionfruit Cheesecake vg 316kcal 4.95 Creamy cheesecake on a biscuit base, topped with passionfruit coulis Hot Fudge Waffle v 1294kcal 7.95 Golden waffle served warm with two scoops of vanilla ice-cream, topped with fudge pieces and fudge sauce Chocolate Brownie Sundae v 930kcal 7.95 Three scoops of vanilla ice cream, brownie chunks, fudge pieces, fudge sauce, topped with whipped cream 4.25 Two scoops of your choice, served with sprinkles

Add a Dip +£1.50

Hot honey buffalo 113kcal Sweet smoky BBQ 55kcal Ranch mayo 138kcal Lemon mayo 223kcal



Chocolate 434kcal / Strawberry 365kcal / Vanilla 440kcal / Coconut Sorbet 256kcal

回翻回 How To Order

1.00

You can scan the QR code, order at the bar or speak to a member of our team

Ask for our kids menu and activity sheet

Adults need around 2000 kcals a day v - vegetarian / vg - vegan

Drinks Menu



Sparkling Wine

125ml **6.95** / Bottle **29.95** Pear and peach fruit, on a lively, yet soft and generous palate

Da Luca Rosé Prosecco 125ml **6.95** / Bottle **29.95**

Fruity scent of pears and apples with overtones of blackberries

Bottle **89.00** Laurent Perrier La Cuvée Brut NV

Carefully crafted, great finesse, and beautiful freshness from a long ageing process



White Wine

Talevera Airen Sauvignon 175ml **6.25** / 250ml **7.90** / Bottle **20.95** Zesty with notes of citrus, grapefruit, and tropical pineapple **Belvino Pinot Grigio** 175ml **7.90** / 250ml **9.95** / Bottle **25.75** An off dry Pinot Grigio, with notes of green apple, and pear **Fantinel Pinot Grigio** 175ml **8.95** / 250ml **11.05** / Bottle **29.95** Crisp, and refreshing, with ripe apple, peach, and pear **Ara Sauvignon** 175ml **9.95** / 250ml **12.55** / Bottle **32.95** Beautifully fresh and dry with lively acidity and grapefruit flavours

175ml **10.95** / 250ml **13.25** / Bottle **36.70** Cortese grapes from Gavi. Unoaked with floral, and citrus aromas

Pulpo Albariño 175ml **11.50** / 250ml **14.65** / Bottle **39.50**

Albariño grapes grown in the Salnés Valley. Unoaked, bright, with hints of apple



Espresso Martini Vanilla vodka, Kahlúa, and espresso	8.95
Porn Star Martini Vodka, passionfruit, vanilla syrup, and Prosecco	9.95
Mojito White rum, mint and fresh lime	8.95
Aperol Spritz Aperol, Prosecco and soda	9.95
Hugo Spritz Elderflower cordial, Prosecco and soda	9.95
Limoncello Spritz Limoncello, Prosecco and soda	9.95
Myzo Vanilla vodka, elderflower cordial, and citrus	8.95
Popcorn Martini Vodka, syrup and cream topped with sweet popcorn	8.95
Gin Basil Smash Gin, syrup and citrus blend topped with basil leaves	9.95
Very Chanilla Vanilla vodka, cherry syrup and citrus blend	8.95
Bramble Gin, Crème de Mûre and citrus	8.95

2 for £14 Cocktails

Pick two of the same cocktail for just £14!

Low & No Alcohol

Lucky Saint 330ml 0.5% ABV / 53kcal	4.85
Brooklyn Special Effects 330ml 0.4% ABV / 103kcal	4.80
Corona Cero 330ml 0.4% ABV / 56kcal	4.50
Guinness 0% 440ml 0% ABV / 75kcal	4.95
Kopparberg Mixed Fruits 500ml 0% ABV / 190kcal	5.95

Soft Drinks

3.30
3.15
3.05
3.75
2.70
5.75 / 6.50

Rosé Wine

Talevera Tempranillo 175ml **6.25** / 250ml **7.90** / Bottle **20.95**

Made from a blend of Tempranillo and Garnacha grown in central Spain

Rare Vineyards 175ml **8.35** / 250ml **10.45** / Bottle **28.30** Made from 100% Cinsault, full of fresh summer-fruit flavours



Colombian Lemonade v 146kcal Coco Real, lime juice, and coconut syrup	5.75
Caleño G&T v 180kcal	7.50
Caleño, juniper, ruby grapefruit, rosemary, and tonic	
Caleño Caipirinha v 181kcal Caleño, lime, and passion fruit	7.50



yrup		
	7.50	
mary, and tonic		
	7.50	



Hot Drinks

Raspberry 70kcal / 90kcal

Available in regular or large Add your favourite syrup for just £0.75

2.15 / 2.70
2.75 / 3.30
2.95 / 3.45
3.15 / 3.70
3.15 / 3.70
2.95 / 3.50
3.25 / 3.80
3.30 / 3.90
2.55 / 3.30



Red Wine

Talevera Tempranillo 175ml **6.25** / 250ml **7.90** / Bottle **20.95** Unoaked, light and refreshing, with notes of fruits of the forest, mixed with sweet spice **Lunaris Malbec** 175ml **7.90** / 250ml **9.95** / Bottle **25.75** A lighter Malbec with cherry, and plum, and a background of warming spice 175ml **9.40** / 250ml **12.10** / Bottle **32.00** Don Jacobo Rioja Matured in American oak barrels, followed by a year in the bottle before release 175ml **9.95** / 250ml **12.55** / Bottle **33.45**

Harvested at night, fruity, with an abundance of blackberry

Puro Organic Malbec Classic dark purple-blue colour, with sweet blueberry, and violet

175ml **9.95** / 250ml **12.75** / Bottle **34.60**

Bottled & Craft

Poretti 330ml 4.8% ABV	4.95
Brooklyn Lager 330ml 5.2% ABV	4.95
Budweiser 330ml 4.5% ABV	4.80
Corona Extra 330ml 4.5% ABV	4.95
San Miguel 330ml 5% ABV	4.95
Guinness 520ml 4.1% ABV	6.25
Kopparberg Pear Cider 500ml 4.5% ABV	6.25
Kopparberg Tropical 500ml 4% ABV	6.25

Ask a server about our range of draught beers

Allergens

Whilst we offer **Gluten-Free** options, our kitchen contains gluten and we cannot guarantee complete separation thelight.co.uk/allergens

> Adults need around 2000 kcals a day v - vegetarian / vg - vegan