

The Kitchen



Champagne & Sparkling Wine

Vitelli Prosecco NV vg 125ml **6.00** / Bottle **26.00**
Fruity and fragrant, with notes of citrus, pears and apples

Vitelli Prosecco Rosé vg 125ml **6.00** / Bottle **26.00**
Packed with juicy red fruits and delicate floral notes

Silver Reign English Sparkling Wine vg Bottle **36.00**
Delightfully crisp, notes of green apple, pear and ripe citrus

White Wine

La Vivienda Verdejo 175ml **5.75** / 250ml **7.50** / Bottle **21.00**
Crisp and zesty with bright citrus and green apple

Ca Del Lago Pinot Grigio 175ml **6.25** / 250ml **8.20** / Bottle **23.00**
Crisp, fresh, with well balanced acidity and summer white fruits

Le Versant Sauvignon Blanc vg 175ml **7.50** / 250ml **9.95** / Bottle **26.00**
Punchy gooseberry and nectarine aromas, refreshingly elegant

Paco & Lola Lolo Albarino vg 175ml **8.50** / 250ml **11.25** / Bottle **30.00**
Light and refreshing, notes of green apple and citrus dominate a bittersweet finish

Rosé Wine

Wicked Lady White Zinfandel 175ml **5.75** / 250ml **7.50** / Bottle **21.00**
Juicy with ripe strawberry, raspberry, and a refreshing hint of citrus on the finish

Antonio Rubini Pinot Grigio Rosato 175ml **6.95** / 250ml **9.00** / Bottle **24.00**
Subtle yet refreshing scent of wildflowers and strawberries, with delicate fruit flavours

Red Wine

La Vivienda Tempranillo 175ml **5.75** / 250ml **7.50** / Bottle **21.00**
Rich plum, spice and dark fruits, soft bodied and inobtrusive

Luis Felipe Edwards Reserva Merlot vg 175ml **6.95** / 250ml **9.00** / Bottle **24.00**
Bold Merlot, well rounded, medium bodied with stacks of fleshy dark fruits, subtle oak finish

Luna Del Sur Malbec 175ml **7.50** / 250ml **9.95** / Bottle **26.00**
A medium-bodied, velvety red wine with notes of black fruit, plum, cherry, cinnamon, and oak

Je Pastors Blend 175ml **8.50** / 250ml **11.25** / Bottle **30.00**
Intense and full bodied with a hint of oaky spice, with juicy plum and brambleberries

Cocktails

2 for £15 Cocktails

Pick two of the same cocktail for just £15!

Espresso Martini 10.95
Vanilla vodka, Kahlúa and espresso

Marilyn Martini 10.45
Vodka, passionfruit liqueur, vanilla syrup and Prosecco

Mojito 10.45
White rum, mint and fresh lime

Aperol Spritz 9.95
Aperol, Prosecco and soda

Hugo Spritz 9.95
Elderflower cordial, Prosecco and soda

Very Chanilla 10.45
Vanilla vodka, cherry syrup and citrus blend

Cosmopolitan 10.45
Vodka, citrus and cranberry juice

Strawberry Daiquiri 10.45
White rum, strawberry and citrus

Margarita 10.45
Tequila blanco, Cointreau and citrus

Tequila Sunrise 10.45
Tequila blanco, orange juice and grenadine

Pina Colada 10.45
White rum, coconut, cream, citrus and pineapple juice

Paloma 10.45
Tequila blanco, citrus and pink grapefruit juice

Mocktails

Colombian Lemonade 6.25
v 146kcal
Coco Real, lime juice, and coconut syrup

Caleño G&T v 174kcal 7.95
Caleño, juniper, ruby grapefruit, rosemary, and tonic

Caleño Caipirinha v 197kcal 7.95
Caleño, lime, and passion fruit

Hot Drinks

Available in regular or large. Add your favourite syrup for just £0.50

Espresso 2.45 / 3.25
Mocha 4.00 / 4.50
Americano 3.25 / 3.75
Cappuccino 3.75 / 4.25

Latte 3.75 / 4.25
Hot Chocolate 4.00 / 4.50
Selection of Teas From 3.00
A range of caffeinated and fruit teas

Beer & Cider

Poretti 330ml 4.8% ABV 4.95

Brooklyn Lager 330ml 5.2% ABV 4.95

Brooklyn Bodega Bay 5.25

Pale Ale 330ml 3.4% ABV

Brooklyn Pulp Art 5.25

Hazy IPA 330ml 4.6% ABV

Budweiser 330ml 4.5% ABV 4.95

Corona Extra 330ml 4.5% ABV 4.95

Peroni Nastro Azzuro (GF) 4.95

330ml 5% ABV

Guinness 520ml 4.1% ABV 6.25

Kopparberg Apple 6.50

500ml 4% ABV

Kopparberg Pear 6.50

500ml 4.5% ABV

Kopparberg Mixed Fruits 6.50

500ml 4% ABV

Draught beers also available

Low & No Alcohol

Lucky Saint 4.75

330ml 0.5% ABV / 53kcal

Brooklyn Special Effects 4.75

330ml 0.4% ABV / 96kcal

Corona Cero 4.75

330ml 0.4% ABV / 56kcal

Guinness 0% 4.95

440ml 0% ABV / 75kcal

Kopparberg Mixed 5.95

Fruits 500ml 0% ABV / 190kcal

Wild Life Botanicals 7.95

Sparkling Wine

vg 200ml 0.5% ABV / 50kcal

Soft Drinks

Coke 3.85 / 4.95

16oz 31kcal / 22oz 62kcal

Diet Coke 3.75 / 4.75

16oz 0kcal / 22oz 0kcal

Gingerella Ginger Ale 50kcal 3.95

Lemony Lemonade 84kcal 3.95

J20 3.50

Apple and Raspberry 52kcal

Orange and Passionfruit 55kcal

Appletiser 129kcal 3.45

Water 600ml / 0kcal 2.95

Ice Blast 5.95 / 6.75

Cherry 18kcal / 25kcal / **Mixed** 18kcal / 25kcal

Raspberry 18kcal / 25kcal



Sandwiches

Add a side of skin-on fries for £2

Cheese Toastie v 604kcal Three cheese toastie with tomato relish	5.95
Cheese & Ham Melt 945kcal Classic ham and cheese toastie	6.95
Bacon or Sausage Sandwich 609kcal / 805kcal On toasted white bloomer with brown sauce, BBQ or ketchup	5.95
Make it even better and add bacon 189kcal or sausage 330kcal	+1.50
Fish Finger Sandwich 899kcal Fish fingers, tartare sauce	6.95



Platters

Perfect for sharing

Big Feast 3008kcal Chicken tenders, Big Dog, waffle fries, onion rings, garlic mayo, hot honey, ketchup	22.95
Smoky Sliders 2031kcal 4 pulled pork sliders, slaw, corn ribs, waffle fries, onion rings, BBQ sauce	19.95
Pizza Platter 2326kcal Margherita and pepperoni pizza slices, dough balls, waffle fries, garlic butter dip	17.95
Veggie Pizza Platter v 2145kcal Margherita and Capri pizza slices, dough balls, waffle fries, garlic butter dip	17.95
Nacho Party 1677kcal Nachos, popcorn squid, halloumi fries	22.95
Add BBQ pulled pork 107kcal / Pulled chicken 67kcal	+3.00
Wings Galore Served with hot honey glaze 2252kcal or sweet BBQ glaze 2115kcal	19.95



Snacks

Caesar Salad 859kcal Little gem, croutons, parmesan, Caesar dressing, served with dough balls	10.95
Add grilled chicken 251kcal	+3.00
Chicken Tenders (4 or 7 pieces) 1035kcal / 1555kcal Chicken tenders, served with hot honey buffalo	8.95 / 13.95
Padron Peppers vg 132kcal Lightly salted	6.95
Glazed Up Chicken Wings Choose from hot honey glaze 1184kcal or sweet BBQ glaze 1107kcal	9.95
Popcorn Squid 607kcal With lemon mayo	9.95
Charred Corn Ribs v 587kcal / 1073kcal With chilli salt, lemon mayo	6.95 / 11.95
Chicken & Waffle 863kcal Waffle, chicken tenders, maple syrup	8.95
Fully Loaded Nachos v 1276kcal Topped with cheese, sour cream, guacamole, jalapeños, salsa	9.95
Add BBQ pulled pork 107kcal	+3.00



Burgers & Hot Dogs

All served with skin-on fries v 301kcal
Upgrade to sweet potato fries for an extra £1 vg 112kcal

Every Burger. Every Wednesday. £10

Burgers

The Big Cheese 783kcal Beef, cheese, pickle, lettuce, mustard, ketchup	12.45
Bacon Double Cheeseburger 1204kcal Double beef, cheese, lettuce, bacon, mustard, ketchup	14.95

Smokin' Stack 935kcal Beef, pulled pork, cheese, slaw, lettuce, onion ring, mustard, garlic mayo	14.95
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O.G Chicken 918kcal Buttermilk fried chicken, slaw, lettuce, mayo	12.95
Buffalo Bird 796kcal Buttermilk fried chicken, jalapeños, slaw, pickles, hot honey	13.95
Halloumi v 843kcal Crispy halloumi, lettuce, sweet chilli sauce, mayo	12.45
Mounity vg 707kcal Moving Mountains™ patty, crispy onions, smoky vegan aioli	12.95

Hot Dogs

Big Dog 619kcal Big Apple™ classic, crispy onions, mustard, ketchup	12.45
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The Hogstar 643kcal Frankfurter, pulled pork, cheese, onions, BBQ sauce, aioli	12.95
Bull Dog 505kcal Beef Frankfurter, ketchup, crispy onions, mustard	11.95
The Plant Dog vg 343kcal Moving Mountains™ frankfurter, vegan cheese, crispy onions, ketchup, vegan mayo	11.95

Extras

Add BBQ pulled pork 107kcal / Pulled chicken 67kcal	+2.00
Make any burger a double	+3.00
Beef 304kcal / Chicken 413kcal / Halloumi v 286kcal / Moving Mountains™ vg 302kcal	+1.00
Add extra topping to any burger or hotdog	+1.00
Jalapeños vg 6kcal / Cheese v 45kcal / Slaw v 20kcal / Onion Ring vg 97kcal	



Sides

Loaded Fries: Skin-on 889kcal or Waffle fries 917kcal Crispy bacon, cheese	6.95
Add BBQ pulled pork 107kcal	+3.00

Pulled Chicken Loaded Fries: Skin-on 918kcal or waffle fries 945kcal Worcestershire sauce pulled chicken, cheese	9.95
Choose from skin-on fries 918kcal or waffle fries 945kcal	

Skin-On Fries vg 497kcal	3.95
Sweet Potato Fries vg 106kcal	4.95
Waffle Fries vg 473kcal	3.95
Halloumi Fries v 692kcal	7.95
Ranch Slaw v 203kcal	2.95
Beer Battered Onion Rings vg 661kcal	3.95

Classic Garlic Bread v 853kcal	5.95
Add cheese and caramelised onion v 319kcal	+2.00

Garlic Dough Balls v 1044kcal	4.95
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Pizza

Handcrafted in our kitchen
Gluten free dough and Vegan cheese available

2 pizzas for £16

Monday to Thursday

Margherita v 1016kcal Tomato, mozzarella, basil	9.95
Pepperoni 1248kcal Tomato, mozzarella, pepperoni	11.95
Toscana 1085kcal Ham, mushrooms, mozzarella, black olives	12.95

BBQ Melt 1109kcal BBQ sauce, pulled pork, red onions, mozzarella, sour cream	13.95
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Capri v 1248kcal Goats' cheese, mozzarella, sun-dried tomato, caramelised onion	13.95
Vesuvius 1297kcal Nduja, chorizo, mozzarella, fresh red chilli	13.95
The Plant Pizza vg 1254kcal Moving Mountains™ meatballs, vegan pesto, vegan mozzarella, cherry tomatoes	12.95
Sweet Pollo 1109kcal Worcestershire sauce marinated chicken, red onions, peppers, mozzarella	11.95
Sunset Slice vg 1008kcal Peppers, red onions, mushrooms, vegan mozzarella, sweet chilli glaze	12.95
Crudo Classico 1090kcal Prosciutto crudo, buffalo mozzarella, tomato, fresh rocket, parmesan	12.95

Extras

Add meat	+2.00
Pulled Pork 107kcal / Pepperoni 287kcal / Nduja 130kcal / Pulled Chicken 67kcal	
Add veggies vg	+1.00
Olives 16kcal / Red Onions 4kcal / Jalapeños 6kcal / Mushrooms 8kcal	



Sweet Things

Sticky Toffee Pudding vg 576kcal Served warm with a scoop of vegan ice cream	6.95
Passionfruit Cheesecake vg 316kcal Creamy cheesecake on a biscuit base, topped with passionfruit coulis	4.95
Hot Fudge Waffle v 1294kcal Golden waffle served warm with two scoops of vanilla ice-cream, topped with fudge pieces and fudge sauce	7.95
Chocolate Brownie Sundae v 930kcal Three scoops of vanilla ice cream, brownie chunks, fudge pieces, fudge sauce, topped with whipped cream	7.95
Ice Cream v	
Check with your server for our current flavours	



Scan to Order

Add a Dip +£1.50

Hot honey 90kcal
Sweet smoky BBQ 43kcal
Ranch mayo 121kcal
Lemon mayo 220kcal

Allergens

Please alert us if you have any allergies and we can share the **allergen matrix** with you. Whilst we offer **Gluten-Free** options, our kitchen contains gluten and we cannot guarantee complete separation.

thelight.co.uk/allergens

T&C's apply to all promotional specials

Adults need around 2000 kcals a day / v - vegetarian / vg - vegan