



# Kids' Menu

All our kids' meals are served with waffle fries, peas and a choice of drink

## 6.95

### Mains

Served with waffle fries and peas

**Cheesy Margherita**  
v 669kcal

**Loaded Pepperoni**  
813kcal

**Cod Fish Fingers**  
776kcal

**Mini Beef Burger**  
802kcal

**Fried Chicken Strips**  
612kcal

**Prime Hotdog**  
737kcal

### Dessert

+ dessert for £1.00

**Vanilla Ice Cream**  
v 166kcal

**Pip Organic Apple Lolly**  
vg 18kcal

**Chocolate Ice Cream**  
v 192kcal

**Pip Organic Apple Lolly**  
vg 20kcal

**Strawberry Ice Cream**  
v 162kcal

### Drinks

No added sugars or artificial sweeteners

**Apple & Mango**  
v 569kcal

**Apple & Summer Berries**  
601kcal

**Apple & Pears**  
527kcal

## Allergens

Whilst we offer **Gluten-Free** options, our kitchen contains gluten and we cannot guarantee complete separation

[thelight.co.uk/allergens](http://thelight.co.uk/allergens)

Adults need around 2000 kcals a day  
v - vegetarian / vg - vegan

