

the light

ALLERGEN GUIDE

FOOD

21/07/26

KITCHEN MENU

	Cereals containing Gluten :	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Sides																												
Waffle Fries (side)	-	-	-	-	-	-	-	-	-	-	-	may	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Add Cheese	-	-	-	-	-	-	-	-	-	-	-	-	yes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Add Vegan Cheese	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Garlic Bread	yes	yes	-	-	-	-	-	-	-	-	-	yes	-	-	-	-	-	-	-	-	-	-	-	-	may	-	-	-
Fully Loaded Nachos	-	-	-	-	-	-	-	-	-	-	-	-	yes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Extras - Add Pulled Chicken	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	yes	-	-	yes	-	-
Mains																												
BBQ Chicken Pizza	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	yes	-	may	yes	-	-
Chicken, Chorizo & Pepperoni Pizza	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	yes	may	may	yes	-	-
Chilli Chorizo Pizza	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-	-	may	-	-	-
Goat's Cheese Pizza	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-	-	may	yes	-	-
Margherita Pizza	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-	-	may	-	-	-
Pepperoni Pizza	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-	may	may	-	-	-
Prosciutto & Mushroom Pizza	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-	-	may	-	-	-
Extras - Add Pulled Chicken	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	yes	-	-	yes	-	-
Extras - Black Olives	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Extras - Cheddar Topping	-	-	-	-	-	-	-	-	-	-	-	-	yes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Extras - Chorizo	-	-	-	-	-	-	-	-	-	-	-	-	yes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Extras - Jalapenos	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Extras - Mushroom	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Extras - Nduja	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Extras - Pepperoni	-	-	-	-	-	-	-	-	-	-	-	-	may	-	-	-	-	-	-	-	-	-	-	may	-	-	-	-
Extras - Prosciutto Add-On	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Extras - Red Onion	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Veggie Pizza Platter	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-	-	may	yes	-	-
Pizza Platter	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-	may	may	-	-	-

KITCHEN MENU

	Cereals containing Gluten :	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Dips																												
Add Dip - Hot Honey Buffalo	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Add Dip - Ranch Mayo	-	-	-	-	-	-	-	-	yes	-	-	-	yes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Add Dip - Sweet Smoky BBQ	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	yes	-	-	yes	-	-
Kids (Waffle fries & cucumber batons info included)																												
Cheesy Margherita	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-	-	may	-	-	-
Loaded Pepperoni	yes	yes	-	-	-	-	-	-	-	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-	may	may	-	-	-