

The Kitchen Diner



Brunch

Add a side of skin-on fries for £2

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| Chicken & Waffle 728kcal | 6.95 |
| Waffle, chicken tenders, maple syrup | |
| Bacon or Sausage Sandwich 626kcal / 767kcal | 5.95 |
| On toasted white bloomer with brown sauce, BBQ or ketchup | |
| Make it even better and add bacon 189kcal or sausage 330kcal | +1.50 |
| Cheese Toastie v 620kcal | 5.95 |
| Toastie with three cheeses, tomato relish | |
| Cheese & Ham Melt 983kcal | 7.95 |
| Classic ham and cheese toastie | |
| Fish Finger Sandwich 855kcal | 7.95 |
| Fish fingers, tartare sauce | |



Platters

Perfect for sharing

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| Big Feast 3038kcal | 26.95 |
| Chicken tenders, Big Dog to share, waffle fries, onion rings, garlic mayo, hot honey BBQ, ketchup | |
| Smoky Sliders 1668kcal | 25.95 |
| Six pulled pork sliders, slaw, waffle fries, onion rings | |
| Pizza Platter 2360kcal | 17.95 |
| Margherita and pepperoni pizza slices, served with dough balls, garlic butter dip and waffle fries | |
| Veggie Pizza Platter v 2354kcal | 17.95 |
| Margherita and Capri pizza slices, served with dough balls, garlic butter dip and waffle fries | |
| Nacho Party 1678kcal | 26.95 |
| Nachos to share, popcorn squid, halloumi fries | |
| Bucket of Wings | 19.95 |
| Served with hot buffalo & blue cheese 2252kcal or sweet BBQ 2118kcal glaze | |
| Including your choice of 3 dips | |



Snacks

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|---|--------------|
| Chicken Caesar Salad 816kcal | 12.95 |
| Little gem, grilled chicken, croutons, parmesan, Caesar dressing, served with dough balls | |
| Chicken Tenders (3 or 7 pieces) 1028kcal / 1544kcal | 8.75 / 13.95 |
| Chicken tenders, served with hot honey buffalo | |
| Padron Peppers vg 132kcal | 6.95 |
| Lightly salted | |
| Glazed Up Chicken Wings | 9.95 |
| Choose from hot honey buffalo 1184kcal or sweet BBQ 1108kcal glaze | |
| Popcorn Squid 604kcal | 9.95 |
| With lemon mayo | |
| Charred Corn Ribs v 585kcal / 1070kcal | 6.95 / 11.95 |
| With chilli salt, lemon mayo | |
| Fully Loaded Nachos v 1276kcal | 9.95 |
| Topped with cheese, sour cream, guacamole, jalapeños, salsa | |
| Add BBQ pulled pork 98kcal | +2.00 |



Burgers

All served on a toasted bun with skin-on fries
Upgrade to sweet potato fries for an extra £1

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|---|-------|
| The Big Cheese 1222kcal | 12.95 |
| Beef, cheese, pickle, lettuce | |
| Bacon Double Cheeseburger 1204kcal | 15.95 |
| Double beef, cheese, lettuce, bacon | |
| Smokin' Stack 936kcal | 15.95 |
| Beef, cheese, BBQ pulled pork, slaw, lettuce and onion ring | |
| O.G Chicken 913kcal | 12.95 |
| Buttermilk fried chicken, slaw, lettuce | |
| Buffalo Bird 663kcal | 14.95 |
| Buttermilk fried chicken, hot honey buffalo, jalapeños, slaw, pickles | |
| Halloumi v 843kcal | 12.75 |
| Crispy halloumi, sweet chilli sauce, mayo, lettuce | |
| Mounty vg 707kcal | 14.25 |
| Moving Mountains™ patty, crispy onions, smoky vegan aioli | |

Add an extra patty

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| Make any burger a double | 3.00 |
| Beef 304kcal / Chicken 369kcal / Halloumi v 287kcal | |
| Moving Mountains™ vg 302kcal | |



Hot Dogs

Served with skin-on fries

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| Big Dog 619kcal | 12.95 |
| Big Apple™ classic, ketchup, mustard, crispy onions | |
| The Hogstar 596kcal | 13.95 |
| Frankfurter, pulled pork, BBQ sauce, cheese, onions, aioli | |



Sides

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| Loaded Fries | 8.95 |
| Crispy bacon, cheese | |
| Choose from skin-on 979kcal or waffle fries 1006kcal | |
| Add BBQ pulled pork 98kcal | +2.00 |
| Skin-On Fries vg 497kcal | 4.25 |
| Sweet Potato Fries vg 127kcal | 5.25 |
| Waffle Fries vg 507kcal | 4.25 |
| Halloumi Fries v 692kcal | 7.95 |
| Ranch Slaw v 203kcal | 2.95 |
| Shredded carrot, cabbage, crispy onion | |
| Battered Onion Rings vg 486kcal | 3.95 |
| Classic Garlic Bread v 853kcal | 5.95 |
| From our pizza oven | |
| Add cheese and caramelised onion v 319kcal | +2.00 |
| Dough Balls v 1044kcal | 4.95 |
| With garlic butter | |



Pizza

Handcrafted in our kitchen
Gluten free dough and Vegan cheese available

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|---|-------|
| Margherita v 1016kcal | 10.95 |
| Tomato, mozzarella, basil | |
| Pepperoni 1353kcal | 12.95 |
| Tomato, mozzarella, pepperoni | |
| Add jalapeños 6kcal | 1.00 |
| Queenie 1085kcal | 13.75 |
| Ham, mushrooms, mozzarella, black olives | |
| BBQ Melt 1112kcal | 13.95 |
| BBQ sauce, pulled pork, red onion, mozzarella, sour cream | |
| Capri v 1248kcal | 13.95 |
| Goats' cheese, sun-dried tomato, caramelised onion | |
| Vesuvius 1297kcal | 14.45 |
| Nduja, chorizo, mozzarella, fresh red chilli | |

Extras

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| Add meat | 2.00 |
| Pulled Pork 98kcal / Pepperoni 287kcal / Nduja 130kcal | |
| Add veggies vg | 1.00 |
| Olives 16kcal / Red Onions 4kcal / Jalapeños 6kcal / Mushrooms 8kcal | |



Sweet Things

Add a coffee for £2.50

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| Honeycomb Choc Ice v 361kcal | 4.25 |
| Honeycomb ice cream sandwiched between two layers of sponge, covered in chocolate | |
| Ice Cream Sandwich v 250kcal | 3.95 |
| Vanilla ice cream sandwiched between two layers of cookie | |
| Ice Cream | |
| Go to the Counter or ask a team member for more information | |

Allergens

Whilst we offer **Gluten-Free** options, our kitchen contains gluten and we cannot guarantee complete separation
thelight.co.uk/allergens

Ask for our kids menu and activity sheet

Adults need around 2000 kcals a day
v - vegetarian / vg - vegan



Order at the Counter

Drinks Menu



Sparkling Wine

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|---|---|
| Da Luca Prosecco Pear and peach fruit, on a lively, yet soft and generous palate | 125ml 6.95 / Bottle 29.95 |
| Da Luca Rosé Prosecco Fruity scent of pears and apples with overtones of blackberries | 125ml 6.95 / Bottle 29.95 |
| Laurent Perrier La Cuvée Brut NV Carefully crafted, great finesse, and beautiful freshness from a long ageing process | Bottle 89.00 |



White Wine

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| Talevera Airen Sauvignon Zesty with notes of citrus, grapefruit, and tropical pineapple | 175ml 6.25 / 250ml 7.90 / Bottle 20.95 |
| Belvino Pinot Grigio An off dry Pinot Grigio, with notes of green apple, and pear | 175ml 7.90 / 250ml 9.95 / Bottle 25.75 |
| Fantinel Pinot Grigio Crisp, and refreshing, with ripe apple, peach, and pear | 175ml 8.95 / 250ml 11.05 / Bottle 29.95 |
| Ara Sauvignon Beautifully fresh and dry with lively acidity and grapefruit flavours | 175ml 9.95 / 250ml 12.55 / Bottle 32.95 |
| Gavi Di Gavi Cortese grapes from Gavi. Unoaked with floral, and citrus aromas | 175ml 10.95 / 250ml 13.25 / Bottle 36.70 |
| Pulpo Albariño Albariño grapes grown in the Salnés Valley. Unoaked, bright, with hints of apple | 175ml 11.50 / 250ml 14.65 / Bottle 39.50 |



Rosé Wine

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| Talevera Tempranillo Made from a blend of Tempranillo and Garnacha grown in central Spain | 175ml 6.25 / 250ml 7.90 / Bottle 20.95 |
| Rare Vineyards Made from 100% Cinsault, full of fresh summer-fruit flavours | 175ml 8.35 / 250ml 10.45 / Bottle 28.30 |



Red Wine

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| Talevera Tempranillo Unoaked, light and refreshing, with notes of fruits of the forest, mixed with sweet spice | 175ml 6.25 / 250ml 7.90 / Bottle 20.95 |
| Lunaris Malbec A lighter Malbec with cherry, and plum, and a background of warming spice | 175ml 7.90 / 250ml 9.95 / Bottle 25.75 |
| Don Jacobo Rioja Matured in American oak barrels, followed by a year in the bottle before release | 175ml 9.40 / 250ml 12.10 / Bottle 32.00 |
| Rebellion Pinot Noir Harvested at night, fruity, with an abundance of blackberry | 175ml 9.95 / 250ml 12.55 / Bottle 33.45 |
| Puro Organic Malbec Classic dark purple-blue colour, with sweet blueberry, and violet | 175ml 9.95 / 250ml 12.75 / Bottle 34.60 |



Cocktails

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| Peach Bellini Peach purée, and Prosecco | 7.95 |
| Espresso Martini Vanilla vodka, Kahlúa, and espresso | 9.00 |
| Porn Star Martini Vodka, passion fruit, apple juice, vanilla syrup, and Prosecco | 10.00 |
| Mojito White rum, mint and fresh lime | 10.00 |
| Negroni Gin, vermouth, and Campari | 9.00 |
| Aperol Spritz Aperol, and Prosecco | 9.50 |

2 for £14 Cocktails

Pick two of the same cocktail for just £14!



Mocktails

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| Colombian Lemonade <small>v 146kcal</small> Coco Real, lime juice, and coconut syrup | 5.75 |
| Caleño G&T <small>v 180kcal</small> Caleño, juniper, ruby grapefruit, rosemary, and tonic | 7.50 |
| Caleño Caipirinha <small>v 181kcal</small> Caleño, lime, and passion fruit | 7.50 |



Bottled & Craft

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|---|-------------|
| Poretti 330ml 4.8% ABV | 4.95 |
| Brooklyn Lager 330ml 5.2% ABV | 4.95 |
| Budweiser 330ml 4.5% ABV | 4.80 |
| Corona Extra 330ml 4.5% ABV | 4.95 |
| San Miguel 330ml 5% ABV | 4.95 |
| Guinness 520ml 4.1% ABV | 6.25 |
| Kopparberg Pear Cider 500ml 4.5% ABV | 6.25 |
| Kopparberg Tropical 500ml 4% ABV | 6.25 |

Ask a server about our range of draught beers

Order at the Counter



Low & No Alcohol

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|--|-------------|
| Lucky Saint 330ml 0.5% ABV / 53kcal | 4.85 |
| Brooklyn Special Effects 330ml 0.4% ABV / 103kcal | 4.80 |
| Corona Cero 330ml 0.4% ABV / 56kcal | 4.50 |
| Guinness 0% 440ml 0% ABV / 75kcal | 4.95 |
| Kopparberg Mixed Fruits 500ml 0% ABV / 190kcal | 5.95 |



Soft Drinks

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| Coke 330ml 145kcal | 3.30 |
| Diet Coke 330ml 2kcal | 3.15 |
| Gingerella Ginger Ale 91kcal | 3.05 |
| Lemony Lemonade 84kcal | 3.75 |
| Fruit Juice vg | 2.70 |
| Orange 76kcal | |
| Pineapple 107kcal | |
| Apple 107kcal | |
| Cranberry 118kcal | |
| Regular / Large Ice Blast | 5.75 / 6.50 |
| Cherry 70kcal / 90kcal / Mixed 70kcal / 90kcal | |
| Raspberry 70kcal / 90kcal | |



Hot Drinks

Available in regular or large
Add your favourite syrup for just £0.75

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|---------------------------------------|--------------------|
| Espresso | 2.15 / 2.70 |
| Macchiato | 2.75 / 3.30 |
| Americano | 2.95 / 3.45 |
| Cappucino | 3.15 / 3.70 |
| Latte | 3.15 / 3.70 |
| Flat White | 2.95 / 3.50 |
| Hot Chocolate | 3.25 / 3.80 |
| Chai Turmeric Tea | 3.30 / 3.90 |
| Selection of Teas | 2.55 / 3.30 |
| A range of caffeinated and fruit teas | |

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